Excellence, Innovation, Opportunity and Success

Term 4 – Week 4  29th October 2013


“We would like to respectfully acknowledge the Bundjalung people who are the Traditional Custodians and First Peoples of the Land on which our school stands.”

Week 4 Term 4 Awards

- Roxanne
- Callum
- Dwayne
- Reuben
- Rosey
- Jakequan
- Jerahkye
- Jet
- Pearly

Bronze Awards

- Jasper

Disco

We will be holding a disco on Thursday evening with the theme ‘Halloween’. The disco will start at 5pm and conclude at 6.30pm. There will be drinks and chips on sale. The disco is only for students at APPS and students must be picked up from the school. Students are able to dress in Halloween costume.

Principal’s Report

Well done to our K-4 netball girls. All girls participated exceptionally well throughout the day and learnt a lot of new skills.

Canteen

A huge thank you to Allan Dow for his time and efforts in running our school canteen every Friday. Unfortunately Allan is unable to continue in this role next year. The canteen is run by parent volunteers. If we are to have a canteen next year we will need new volunteers to keep the canteen open. Please contact the school on 66213259 if you are able to assist on a Friday. If we do not get anyone able to assist, the canteen will have to close.

Office

Just a reminder that the office is unattended by SASS staff on Thursdays. This means school emails are not
checked till the following day. If you need to contact the school, please ensure you speak to someone directly during recess and lunch breaks. This way we can ensure details will be followed up.

2-6 Classroom

This week we will be looking at 3D objects in mathematics. Students in Year 2 will be identifying 3D objects presented in different orientations and discussing the similarities and differences between objects. Years 3-4 will be looking at identifying 3D objects in their environment. Students will be having their best try at drawing objects to make them three dimensional. Students in Years 5-6 will also be trying their best to sketch 3D objects, labelling them with the correct properties.

Reminder

Just a reminder, it would be greatly appreciated if you could send in any scraps of fabric, wool, lace, cotton, buttons, seeds or beads to assist us in our artworks. Please send these items with your child or drop them into our office to add to our collection.

Gurraman

Gurraman have been working as a class to create a joint construction explaining how volcanoes erupt. They have become quite the experts in explaining the process of a volcanic eruption and as a reward for their hard efforts we will be making our own class volcanic eruption.

Regards Mrs Davies.

K-2 Classroom

Gargoon Literacy

This week Gargoon Literacy group are developing their knowledge of ‘high frequency words’ (common words encountered regularly). We are also looking at sight words. These are words which need to be recognised instantly for the emerging reader. They can be really tricky as student knowledge of letter sounds cannot really be used for these words. Words like ‘people’ don’t really make sense if you try to put together the letter sounds!

The English language is one of the most difficult in the world to learn.

Home Class

We are practicing our songs to perform at Ozanam Villa in week six. I am really looking forward to this experience for my students as I am sure we are bound to bring a few smiles to the residents. I have sent a permission note home so please sign and have your child return it to the front office. Thanks.

Sport

Almost all students have expressed an interest in participating in this year’s swimming scheme. We are currently trying to figure out a way of minimising the cost of the two week program. We should have the cost by the next newsletter.

Reminders

Library day is Wednesday. The last week for borrowing is in Week Six. Home readers to be exchanged daily please.

Regards Mr Mack

Ms Mitchell, our practicum student from Southern Cross University, involved in a literacy activity with students from the Junbung Literacy and Numeracy Group.
Congratulations to Brodie who won the Junior Boys Division of ‘The Face of Lismore’ competition. He won some great prizes and will appear in the magazine ‘Discover Your Style’.

The simplest way
to improve the health of your family and save money.

Want to know how to get your family to eat all the fruit & veg they need to stay healthy?

Think fruit & veg cost too much?

Over the coming weeks we’ll give you tips and ideas that will help you:

- Make healthy meals the whole family will love
- Pack healthy lunch boxes that will get eaten
- Save money by eating more fruit and veg
- Encourage fussy eaters with fun food ideas
- Grow your own fruit & veg without fuss

Got an idea to help us? Get in touch!

For more information visit www.eatittoberit.com.au
or join us at facebook.com/eatittoberit

Eat It To Beat It

The simplest way
to work out what 2 fruit & 5 veg looks like.

Eating 2 serves of fruit and 5 serves of vegetables every day will help keep you and your children healthy. But what does a serve look like?

A serve of fruit is 150 grams or:
1 medium fruit (e.g. apple) or
2 small fruit (e.g. apricots)
or 1 cup of chopped or canned fruit

A serve of veg is 75 grams or:
½ cup of cooked veg or
½ medium potato or
1 cup of salad

So as an adult, eating just 2½ cups of cooked vegetables will give you your daily recommended intake. Try spreading it across different meals to make it easier to reach your daily target.

For more information visit www.eatittoberit.com.au
or join us at facebook.com/eatittoberit

Eat It To Beat It

Netball Gala Day
## Term 4

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<th>WEEK 4</th>
<th>MONDAY</th>
<th>TUESDAY</th>
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<th>FRIDAY</th>
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<tr>
<td>28th Oct</td>
<td>29th Oct Netball Gala Day</td>
<td>30th Oct</td>
<td>31st Oct Halloween Disco 5 – 6.30 pm</td>
<td>1st Nov Basketball</td>
<td>2nd/3rd Nov</td>
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<tr>
<th>WEEK 7</th>
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<th>20th Nov Kinder Orientation 9 - 11.30 am</th>
<th>21st Nov</th>
<th>22nd Nov Basketball</th>
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<th>25th Nov</th>
<th>26th Nov SWIMMING PROGRAM</th>
<th>27th Nov Kinder Orientation 9 - 11.30 am</th>
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<th>WEEK 9</th>
<th>2nd Dec</th>
<th>3rd Dec SWIMMING PROGRAM</th>
<th>4th Dec Kinder Orientation 9 - 11.30 am</th>
<th>5th Dec</th>
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Just a reminder to check out our Community Notice Board near the Canteen for up and coming events. ‘Our Kids’ are running a Teddy Bear Hospital at the Square on November 3rd. More details on the board.