“We would like to respectfully acknowledge the Bundjalung people who are the Traditional Custodians and First Peoples of the Land on which our school stands.”

Canberra Excursion
Performing Arts Festival
Well the big day has finally arrived. The children are all very excited. I hope everyone has their tickets for tonight. It is shaping up to be spectacular!

Lismore District Education Award
Congratulations to Stella who has been awarded a Lismore District Education Award. She will be presented with her award on Wednesday Evening at the Lismore District Awards Ceremony. Well done Stella. We are all very proud of you.

Jenni Smedley, Principal

BE SAFE
GIVE THE SCREEN A REST, ACTIVE PLAY IS BEST

Screen time refers to the amount of time spent watching TV including videos and DVD’s; playing computer games on video consoles or on computers and using computers for other purposes.

Research now indicates that for every hour of television children watch each day, their risk of developing attention-related problems later increases by 10% e.g. three hours of TV a day means 30% more likelihood of developing problems with paying attention!

Simple ideas to reduce screen time are:
♦ Move any TV or other screen out of your child’s bedroom
♦ Turn off the screens at dinner time
♦ Encourage outside play while there’s daylight.

Lynnie P, Student Welfare Officer

Weekly Awards

<table>
<thead>
<tr>
<th>Week 5 Term 3</th>
<th>K/1 Yellow</th>
<th>2/3 Blue</th>
<th>4/5/6 Green</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elsa</td>
<td>Krystal</td>
<td>Tyrell</td>
<td></td>
</tr>
<tr>
<td>Harry B</td>
<td>Harry</td>
<td>Louise</td>
<td></td>
</tr>
<tr>
<td>Jakequan</td>
<td>Jerahkye</td>
<td>Dion</td>
<td></td>
</tr>
<tr>
<td>Trae</td>
<td>Ivy</td>
<td>Connor</td>
<td></td>
</tr>
</tbody>
</table>

BRONZE
SILVER
Murron

Stella

Silver/Bronze Award Winners

Murron

344 Keen St, Lismore, NSW, 2480  P 02 66213259  E albertpk-p.school@det.nsw.edu.au
BE RESPONSIBLE

Performing Arts Festival Rehearsal
BE RESPECTFUL

CANTEEN ROSTER
22/08/14 - Tamara, Ron   29/08/14 - Tamara, Judy   05/09/14 - Tamara, Pete

Public Notice Board

Rainbow Region Kids OSHC
Lismore Vacation Care
BOOKINGS FOR SEPT-OCT 2014 VACATION CARE ARE NOW BEING TAKEN NOW
Vacation Care (Operates from Lismore Public School)
Quality holiday programs for children 5-14 years.
Child Care Benefit approved.
Please visit our website for further details on enrolment forms and our exciting programs.
The program is available on web page www.lnci.org.au
Contact Eleonora on 66279970 or for more information go to www.lnci.org.au
The cost for a family on 100% CCB is less than $10 per day for Vacation Care!

Lismore Boot camp
“2 for the price of 1 offer”
Come along and have some fun as well as get fit.
Monday, Wednesday and Friday mornings 6-7am  Ph James
0448933737

<table>
<thead>
<tr>
<th>Date</th>
<th>Item</th>
<th>Venue</th>
<th>Cost</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>26/08/14</td>
<td>Performing Arts Festival - Lismore Workers</td>
<td>LWC</td>
<td>$14 A $6 C</td>
<td>5:30pm</td>
</tr>
<tr>
<td>04/09/14</td>
<td>Kinder Information Night</td>
<td>APPS Library</td>
<td>NIL</td>
<td>6:00pm</td>
</tr>
<tr>
<td>05/09/14</td>
<td>K - 4 Excursion to Macadamia Castle</td>
<td>Knockrow</td>
<td>$25</td>
<td>9:15am</td>
</tr>
<tr>
<td>08/09/14</td>
<td>School Photos</td>
<td>APPS</td>
<td>Various</td>
<td>TBA</td>
</tr>
<tr>
<td>08/09/14</td>
<td>Water Watch</td>
<td>APPS</td>
<td>NIL</td>
<td>9:30am</td>
</tr>
<tr>
<td>10/09/14</td>
<td>Milo Cricket</td>
<td>APPS</td>
<td>TBA</td>
<td>TBA</td>
</tr>
<tr>
<td>16/09/14</td>
<td>Garage Kid Art Studio Presentation</td>
<td>APPS</td>
<td>NIL</td>
<td>2:00pm</td>
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<tr>
<td>19/09/14</td>
<td>Reptile World at Land Council</td>
<td>TBA</td>
<td>TBA</td>
<td>12:00pm</td>
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</tbody>
</table>

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