“We would like to respectfully acknowledge the Bundjalung people who are the Traditional Custodians and First Peoples of the Land on which our school stands.”

Welcome to our New Students!

Kindergarten
Charlie, Jaylan, Jarvis, Rory and Dre

Year 1
Percy, Torren and Brielle

2-3-4 Blue
Max, Louie, Drew and Zayd

4-5-6 Green
Ethan, Alex, and Reuben
**Literacy and Numeracy Groups**

Literacy and Numeracy groups began this week with children being allocated groups to their learning ability. Class homework and home reading will begin next week. If you have any queries regarding your child’s placement please call the office and make an appointment.

**Staff**

An Expression of Interest (EOI) was put out last week for a teacher to teach the 2-4 class. That EOI closes tomorrow so we will start Week 4 with our full staff of teachers. Meet the Teacher night will take place on the Thursday 26th of February at 5pm. It will be followed at 6.30 by a P&C Meeting. All parents are invited and encouraged to attend.

**High School Transition**

There will be a Rivers P-12 high school transition evening for all Year 6 children and parents on Wednesday the 25th February at Lismore Workers Club. More details will follow.

Jennifer Smedley,
Principal

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**News From K1 Yellow**

It is great to be back! Thankyou to Miss T for looking after the class while I was away.

I have sent home readers home this week. It is vital that students exchange their home reader daily. Students have books at their level to read each night. It is important to remember reading is fun and not a chore and five minutes a day is all the time needed.

Please ensure the home reading record book is filled in so they can receive stamps on their class chart. Kindergarten students (beginner readers) will need support and encouragement. The main focus for emerging readers is to point to each word as they read it and it is fine to help them read every word. I will send home some tips to help out later this week as well as some letter sound flash cards so they can practice matching sounds to letters of the alphabet.

If you have any questions about home reading I am happy to help.

Regards, Mr Mack

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**Chaplain’s Report**

Art Club is up and painting. There were 15 children on the first day doing things like painting, play dough, gluing and colouring. It was great! There is some new equipment and more things to do.

Revamping of the garden will commence in Week 4. We’ll let you know more at a later date.

**Benefits of BREAD/PASTA/RICE**

Bread is a carbohydrate, it is broken down into simple sugars and is one of our major energy sources. Children need 4/6 serves of grains/day. It is always best to eat the grain varieties of bread rather than the processed. “A little bit of bread a day is a good thing.”

Keeping kids healthy and happy involves both physical and mental health.

Mental health is about the way we feel, what we do, how we think, and how we relate to others. Good mental health means we can enjoy life, handle challenges, relate to others in a positive way. It helps children learn and achieve better results. Good mental health in childhood sets us up for wellbeing throughout life. **This is what we all want for our children**

Thankyou, Lyn P
**BE RESPONSIBLE, BE RESPECTFUL**

<table>
<thead>
<tr>
<th>Date</th>
<th>Item</th>
<th>Venue</th>
<th>Cost</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>16/02/15</td>
<td>Swimming Carnival</td>
<td>Alstonville Pool</td>
<td>$10</td>
<td>9:10am</td>
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<tr>
<td>25/02/15</td>
<td>Rivers P-12 Transition Evening</td>
<td>Workers Club</td>
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<td>26/02/15</td>
<td>Meet the Teacher Information Afternoon</td>
<td>APPS</td>
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<td>26/02/15</td>
<td>P&amp;C meeting</td>
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<td>Teeball skills for years 1-4</td>
<td>Baseball fields</td>
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<td>05/03/15</td>
<td>Richmond River High Yr 6 Orientation</td>
<td>RRHS</td>
<td>TBA</td>
<td>TBA</td>
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<tr>
<td>06/03/15</td>
<td>Milo Cricket begins (Weeks 6-10)</td>
<td>APPS</td>
<td>TBA</td>
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<tr>
<td>10/03/15</td>
<td>Lismore High School Yr 6 Orientation</td>
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<td>11/03/15</td>
<td>Kadina High School Yr 6 Orientation</td>
<td>KHS</td>
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**Northern Rivers Conservatorium**

**Children’s Music Classes 1-7 years**

Our childhood music classes known as ‘Sprouts’ ‘Seedlings’ and ‘Saplings’ are held weekly for 1 to 7 year olds. Our dedicated teachers Felicity Clifton and Heidi Chappelow provide engaging and inspiring learning in a playful and creative environment, introducing music concepts through singing, movement, rhythm and musical games.

Children’s music class schedule - Tuesday’s during school term

9:30-10:15am ‘Little Sprouts’ (toddlers) with Felicity
10:15-11:00am ‘Big Sprouts’ (preschoolers) with Felicity
3:30-4:15pm ‘Seedlings’ (pre-instrumental) with Heidi
4:00-4:45pm ‘Saplings’ (budding instrumental) with Heidi

**Community Music Program**

Our Community Music program offers a range of exciting ensembles including Little Strings, Young Strings, Guitar Ensemble, Cello Ensemble, Youth Jazz Orchestra, Elementary Band, World Music Ensemble and Youth Choir, as well as individual tuition. For more information or bookings please call the Conservatorium on 66212266 or see our website www.nrcac.edu.au

**Weekly Awards**

<table>
<thead>
<tr>
<th>K/1 Yellow</th>
<th>2/3/4 Blue</th>
<th>4/5/6 Green</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brielle</td>
<td>Aurora</td>
<td>Treshaun</td>
</tr>
<tr>
<td>Charlie</td>
<td>Roxy</td>
<td>Shaniquea</td>
</tr>
<tr>
<td>Dre</td>
<td>Harmarli</td>
<td>Murron</td>
</tr>
<tr>
<td>Malekin</td>
<td>Elise</td>
<td>Jet</td>
</tr>
</tbody>
</table>

**Important—Family Support Network**

The support network is offering a FREE course to parents and caregivers on “Effective Ways to Respond to Children 2 to 12yrs of age.”

The course is called – “1-2-3 Magic”

Outline – Managing their emotions, strengthening relationships with your child, discipline techniques and achieving results with less talk and stress.

When – March 10, 17 and 24 ( Tuesdays )

Time – 10.00am to 12.30pm

Where – At Family Support Network, 143 Laurel Ave, Lismore

Morning Tea – A free morning tea is provided

Childcare – If you require childcare whilst the group is on, please phone The Gingerbread House on 66221130 to make your own arrangements.

**Bookings essential** – Phone 66212489 ASAP